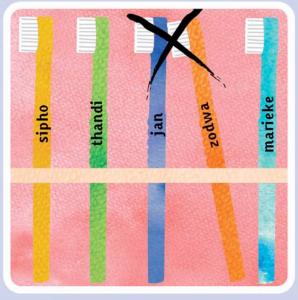


Tooth Brushing

For healthy teeth, brush after every meal



1 Do not share your toothbrush.



2 Keep bristles from touching other things.



Wet toothbrush, brush teeth, make a circular scrubbing motion on all tooth surfaces.



Take mouthful of water, swish and spit back into cup.